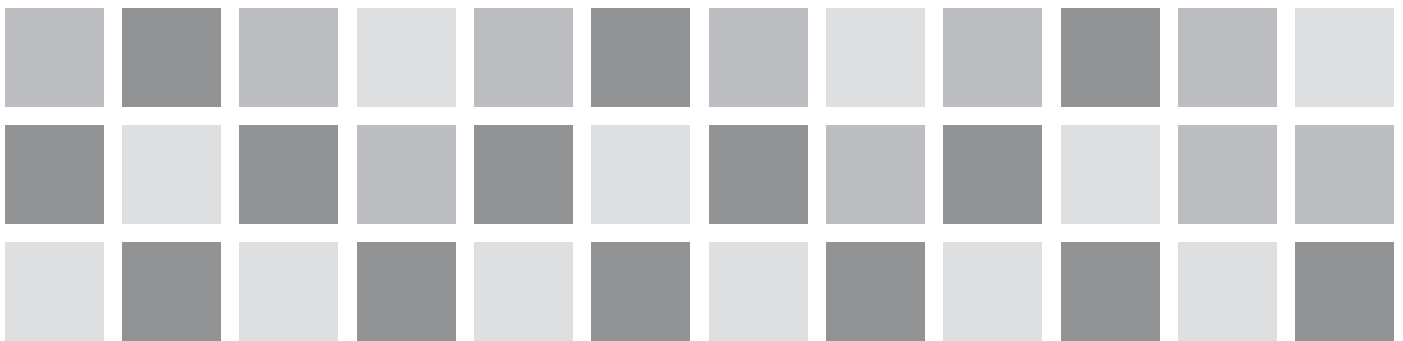


MFS[®] Utilities Series

MFS[®] Variable Insurance Trust



SEMIANNUAL REPORT

June 30, 2011

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**The report is prepared for the general information of contract owners.
It is authorized for distribution to prospective investors only when
preceded or accompanied by a current prospectus.**

**NOT FDIC INSURED • MAY LOSE VALUE • NO BANK OR CREDIT UNION GUARANTEE •
NOT A DEPOSIT • NOT INSURED BY ANY FEDERAL GOVERNMENT AGENCY OR NCUA/NCUSIF**

LETTER FROM THE CEO

Dear Contract Owners:

After about a year of almost uninterrupted macroeconomic and financial market improvement following the global credit crisis, investors grew more cautious in the middle of 2010 as fears grew that some European countries would default on their debt and as economic data showed a weakening trend in the global economy. As a result asset prices fell significantly.



Last September the U.S. Federal Reserve Board's promises to make lending conditions easier helped assuage market fears and drive asset prices off their recent lows. A combination of solid earnings and improving economic data gave an additional boost to investor sentiment.

In the following months, the renewed positive market mood, coupled with indications of better global macroeconomic activity, pushed many asset valuations to post-crisis highs. At the same time, global sovereign

bond yields initially rose as investors became concerned about inflationary pressures, driven by higher prices for oil as well as other commodities. However, by the end of the second quarter of 2011, a weakening macroeconomic backdrop and renewed concerns over debt problems in some eurozone countries pushed equities lower.

For the remainder of 2011, we are cautiously optimistic that economic growth will continue to improve and that the global economies will recover from the shocks of the past few years. We expect the pace of recovery worldwide to be uneven and volatile and acknowledge the elevated uncertainty created by events in Japan, Europe, the Middle East, as well as that created by the U.S. debate over raising the debt ceiling and the downgrade by Standard & Poor's of the U.S. long-term credit rating.

As always, we continue to be mindful of the many economic challenges faced at the local, national, and international levels. It is in times such as these that we want to remind investors of the merits of maintaining a long-term view, adhering to basic investing principles such as asset allocation and diversification, and working closely with their advisors to research and identify appropriate investment opportunities.

Respectfully,

A handwritten signature in black ink that reads "Robert J. Manning". The signature is written in a cursive, flowing style.

Robert J. Manning
Chairman and Chief Executive Officer
MFS Investment Management®

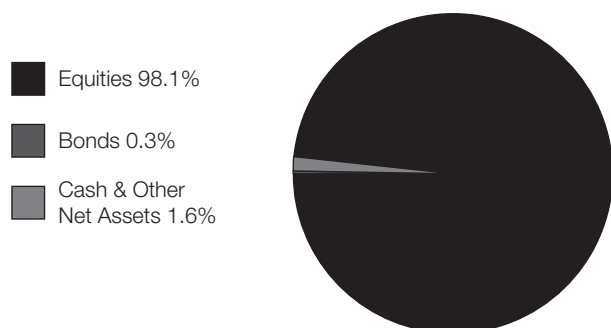
August 16, 2011

The opinions expressed in this letter are subject to change, may not be relied upon for investment advice, and no forecasts can be guaranteed.

MFS Utilities Series

PORTFOLIO COMPOSITION

Portfolio structure (i)



Top ten holdings (i)

El Paso Corp.	3.3%
Williams Cos, Inc.	3.0%
Comcast Corp.	2.9%
CMS Energy Corp.	2.8%
Virgin Media, Inc.	2.8%
Nextera Energy, Inc.	2.6%
Public Service Enterprise Group, Inc.	2.4%
AES Corp.	2.4%
QEP Resources, Inc.	2.4%
EQT Corp.	2.2%

Top five industries (i)

Utilities – Electric Power	49.1%
Telephone Services	10.7%
Cable TV	9.5%
Telecommunications – Wireless	8.8%
Natural Gas – Pipeline	8.4%

Issuer country weightings (i)(x)

United States	62.8%
Brazil	8.9%
United Kingdom	4.9%
Portugal	3.1%
Spain	3.0%
Israel	2.7%
Czech Republic	2.1%
Chile	2.0%
Russia	1.5%
Other Countries	9.0%

(i) For purposes of this presentation, the components include the market value of securities, and reflect the impact of the equivalent exposure of derivative positions, if applicable. These amounts may be negative from time to time. The bond component will include any accrued interest amounts. Equivalent exposure is a calculated amount that translates the derivative position into a reasonable approximation of the amount of the underlying asset that the portfolio would have to hold at a given point in time to have the same price sensitivity that results from the portfolio's ownership of the derivative contract. When dealing with derivatives, equivalent exposure is a more representative measure of the potential impact of a position on portfolio performance than market value. Where the fund holds convertible bonds, these are treated as part of the equity portion of the portfolio.

(x) Represents the portfolio's exposure to issuer countries as a percentage of a portfolio's total net assets.

Percentages are based on net assets as of 6/30/11.

The portfolio is actively managed and current holdings may be different.

EXPENSE TABLE

**Fund Expenses Borne by the Contract Holders During the Period,
January 1, 2011 through June 30, 2011**

As a contract holder of the fund, you incur ongoing costs, including management fees; distribution and/or service (12b-1) fees; and other fund expenses. This example is intended to help you understand your ongoing costs (in dollars) of investing in the fund and to compare these costs with the ongoing costs of investing in other mutual funds.

The example is based on an investment of \$1,000 invested at the beginning of the period and held for the entire period January 1, 2011 through June 30, 2011.

Actual Expenses

The first line for each share class in the following table provides information about actual account values and actual expenses. You may use the information in this line, together with the amount you invested, to estimate the expenses that you paid over the period. Simply divide your account value by \$1,000 (for example, an \$8,600 account value divided by \$1,000 = 8.6), then multiply the result by the number in the first line under the heading entitled "Expenses Paid During Period" to estimate the expenses you paid on your account during this period.

Hypothetical Example for Comparison Purposes

The second line for each share class in the following table provides information about hypothetical account values and hypothetical expenses based on the fund's actual expense ratio and an assumed rate of return of 5% per year before expenses, which is not the fund's actual return. The hypothetical account values and expenses may not be used to estimate the actual ending account balance or expenses you paid for the period. You may use this information to compare the ongoing costs of investing in the fund and other funds. To do so, compare this 5% hypothetical example with the 5% hypothetical examples that appear in the shareholder reports of the other funds.

Please note that the expenses shown in the table are meant to highlight the fund's ongoing costs only and do not take into account the fees and expenses imposed under the variable contracts through which your investment in the fund is made. Therefore, the second line for each share class in the table is useful in comparing ongoing costs associated with an investment in vehicles (such as the fund) which fund benefits under variable annuity and variable life insurance contracts and to qualified pension and retirement plans only, and will not help you determine the relative total costs of investing in the fund through variable annuity and variable life insurance contracts. If the fees and expenses imposed under the variable contracts were included, your costs would have been higher.

Share Class		Annualized Expense Ratio	Beginning Account Value 1/01/11	Ending Account Value 6/30/11	Expenses Paid During Period (p) 1/01/11-6/30/11
Initial Class	Actual	0.79%	\$1,000.00	\$1,107.24	\$4.13
	Hypothetical (h)	0.79%	\$1,000.00	\$1,020.88	\$3.96
Service Class	Actual	1.04%	\$1,000.00	\$1,105.81	\$5.43
	Hypothetical (h)	1.04%	\$1,000.00	\$1,019.64	\$5.21

(h) 5% class return per year before expenses.

(p) Expenses paid is equal to each class' annualized expense ratio, as shown above, multiplied by the average account value over the period, multiplied by the number of days in the period, divided by the number of days in the year.

MFS Utilities Series

PORTFOLIO OF INVESTMENTS – 6/30/11 (unaudited)

The Portfolio of Investments is a complete list of all securities owned by your fund. It is categorized by broad-based asset classes.

Issuer	Shares/Par	Value (\$)	Issuer	Shares/Par	Value (\$)
COMMON STOCKS – 94.9%			COMMON STOCKS – continued		
Broadcasting – 0.4%			Telephone Services – 10.7%		
Viacom, Inc., "B"	168,600	\$ 8,598,600	American Tower Corp., "A" (a)	494,810	\$ 25,893,407
Cable TV – 8.8%			AT&T, Inc.	65,560	2,059,240
Comcast Corp., "Special A"	2,498,170	\$ 60,530,659	Bezeq – The Israel Telecommunication Corp. Ltd.	5,965,360	15,097,099
DIRECTV, "A" (a)	124,930	6,348,943	CenturyLink, Inc.	544,371	22,008,920
Telenet Group Holding N.V.	588,061	27,979,596	Crown Castle International Corp. (a)	244,380	9,968,260
Time Warner Cable, Inc.	369,820	28,860,753	Deutsche Telekom AG	1,074,060	16,844,879
Virgin Media, Inc.	1,955,280	58,521,530	Frontier Communications Corp.	639,620	5,161,733
		\$ 182,241,481	Kabel Deutschland Holding AG (a)	85,390	5,250,319
Energy – Independent – 2.3%			Portugal Telecom, SGPS, S.A.	1,298,975	12,878,913
Arch Coal, Inc.	325,450	\$ 8,676,497	PT XL Axiata Tbk	17,961,000	12,880,899
EOG Resources, Inc.	59,850	6,257,318	Royal KPN N.V.	1,273,647	18,525,197
Occidental Petroleum Corp.	122,350	12,729,294	TDC A/S (a)	2,289,245	20,892,243
Williams Partners LP	373,560	20,239,481	Telecom Italia S.p.A.	10,067,193	11,715,647
		\$ 47,902,590	Telecomunicacoes de Sao Paulo S.A., ADR	1,451,058	43,096,423
Energy – Integrated – 4.6%					\$ 222,273,179
EQT Corp.	862,590	\$ 45,303,227	Utilities – Electric Power – 46.6%		
QEP Resources, Inc.	1,166,520	48,795,532	AES Corp. (a)	3,872,380	\$ 49,334,121
		\$ 94,098,759	AES Tiete S.A., IPS	1,058,359	17,143,700
Natural Gas – Distribution – 4.3%			Aguas Andinas S.A.	28,990,356	15,700,137
AGL Resources, Inc.	303,760	\$ 12,366,070	Alliant Energy Corp.	174,780	7,106,555
Centrica PLC	1,362,856	7,071,596	American Electric Power Co., Inc.	1,063,890	40,087,375
NiSource, Inc.	605,020	12,251,655	American Water Works Co., Inc.	412,210	12,139,584
Questar Corp.	566,300	10,029,173	Calpine Corp. (a)	1,695,150	27,342,769
Sempra Energy	272,210	14,394,465	CenterPoint Energy, Inc.	1,589,790	30,762,436
Spectra Energy Corp.	881,730	24,168,219	CEZ AS	844,530	43,457,589
UGI Corp.	257,000	8,195,730	China Hydroelectric Corp., ADR (a)	482,890	1,970,191
		\$ 88,476,908	CMS Energy Corp.	2,985,160	58,777,800
Natural Gas – Pipeline – 8.4%			Companhia de Saneamento de Minas Gerais – Copasa MG	863,800	17,324,153
El Paso Corp.	3,392,657	\$ 68,531,671	Companhia Paranaense de Energia, ADR	371,670	10,094,557
Enagas S.A.	1,181,848	28,638,542	Companhia Paranaense de Energia, IPS	320,700	8,527,889
Kinder Morgan, Inc.	545,590	15,674,801	Constellation Energy Group, Inc.	820,650	31,151,874
Williams Cos., Inc.	2,018,205	61,050,701	E-CL S.A.	3,500,510	9,842,024
		\$ 173,895,715	E.ON AG	260,594	7,401,177
Special Products & Services – 0.4%			Edison International	960,640	37,224,800
Hutchison Port Holdings Trust, IEU (a)	9,912,000	\$ 8,375,640	EDP Renovaveis S.A. (a)	2,194,276	14,475,048
Telecommunications – Wireless – 8.4%			Eletropaulo Metropolitana S.A., IPS	840,800	18,242,071
America Movil S.A.B. de C.V., "L", ADR	211,310	\$ 11,385,383	ENEL OGG-5 OAO (a)	22,959,317	1,836,745
Cellcom Israel Ltd.	1,158,313	32,108,436	Energias de Portugal S.A.	10,104,628	35,885,743
Millicom International Cellular S.A.	19,540	2,038,892	Enersis S.A., ADR	721,380	16,663,878
Mobile TeleSystems OJSC, ADR	1,110,610	21,123,802	EVN AG	138,248	2,397,744
MTN Group Ltd.	674,368	14,351,438	Federal Grid Co. of Unified Energy System JSC	301,177,510	3,343,070
NII Holdings, Inc. (a)	804,500	34,094,710	Fortum Corp.	952,021	27,570,041
Partner Communication Co. Ltd., ADR	643,300	9,598,036	GenOn Energy, Inc. (a)	1,084,110	4,184,665
SBA Communications Corp. (a)	301,120	11,499,773	Hawaiian Electric Industries, Inc.	6,500	156,390
Tim Participacoes S.A., ADR	414,300	20,387,703	International Power PLC	4,863,108	25,108,845
Vodafone Group PLC	6,552,450	17,383,545	Light S.A.	1,306,340	24,575,749
		\$ 173,971,718	National Grid PLC	2,938,619	28,887,579
			NextEra Energy, Inc.	919,080	52,810,337

Portfolio of Investments (unaudited) – continued

Issuer	Shares/Par	Value (\$)	Issuer	Shares/Par	Value (\$)
COMMON STOCKS – continued			CONVERTIBLE PREFERRED STOCKS – 2.2%		
Utilities – Electric Power – continued			Utilities – Electric Power – 2.2%		
Northeast Utilities	458,793	\$ 16,135,750	Great Plains Energy, Inc., 12%	141,030	\$ 9,200,797
NRG Energy, Inc. (a)	953,914	23,447,206	NextEra Energy, Inc., 7%	235,780	12,201,615
NV Energy, Inc.	663,140	10,179,199	PPL Corp., 9.5%	262,860	14,693,874
OGE Energy Corp.	492,020	24,758,446	PPL Corp., 8.75%	195,820	10,752,476
OGK-4 OAO (a)	20,994,883	1,763,570	Total Convertible Preferred Stocks		
PG&E Corp.	861,010	36,188,250	(Identified Cost, \$44,181,874)		\$ 46,848,762
PPL Corp.	809,120	22,517,810	CONVERTIBLE BONDS – 1.0%		
Public Service Enterprise Group, Inc.	1,550,460	50,607,014	Cable TV – 0.7%		
Red Electrica de Espana	536,996	32,414,410	Virgin Media, Inc., 6.5%, 2016	\$ 7,481,000	\$ 13,381,639
Scottish & Southern Energy PLC	996,089	22,269,529	Telecommunications – Wireless – 0.3%		
TGK International GmbH	5,520,996,663	2,815,708	SBA Communications Corp., 4%, 2014	\$ 5,093,000	\$ 7,142,933
Tractebel Energia S.A.	1,460,100	25,728,222	Total Convertible Bonds		
Wisconsin Energy Corp.	129,200	4,050,420	(Identified Cost, \$15,005,471)		\$ 20,524,572
Xcel Energy, Inc.	380,440	9,244,692	MONEY MARKET FUNDS (v) – 1.4%		
		<u>\$ 963,646,862</u>	MFS Institutional Money Market		
Total Common Stocks			Portfolio, 0.1%, at Cost and Net		
(Identified Cost, \$1,759,734,923)		\$1,963,481,452	Asset Value	28,424,317	\$ 28,424,317
BONDS – 0.3%			Total Investments		
Asset-Backed & Securitized – 0.0%			(Identified Cost, \$1,853,187,405)		\$2,065,349,604
Falcon Franchise Loan LLC, FRN,			OTHER ASSETS, LESS		
3.305%, 2023 (i)(z)	\$ 245,437	\$ 14,726	LIABILITIES – 0.2%		3,473,594
Utilities – Electric Power – 0.3%			Net Assets – 100.0%		\$2,068,823,198
GenOn Energy, Inc., 9.875%, 2020	\$ 5,795,000	\$ 6,055,775			
Total Bonds					
(Identified Cost, \$5,840,820)		\$ 6,070,501			

(a) Non-income producing security.

(i) Interest only security for which the series receives interest on notional principal (Par amount). Par amount shown is the notional principal and does not reflect the cost of the security.

(v) Underlying affiliated fund that is available only to investment companies managed by MFS. The rate quoted is the annualized seven-day yield of the fund at period end.

(z) Restricted securities are not registered under the Securities Act of 1933 and are subject to legal restrictions on resale. These securities generally may be resold in transactions exempt from registration or to the public if the securities are subsequently registered. Disposal of these securities may involve time-consuming negotiations and prompt sale at an acceptable price may be difficult. The fund holds the following restricted securities:

Restricted Securities	Acquisition Date	Cost	Value
Falcon Franchise Loan LLC, FRN, 3.305%, 2023	1/18/02	\$10,766	\$14,726
% of Net Assets			0.00%

The following abbreviations are used in this report and are defined:

ADR	American Depository Receipt
FRN	Floating Rate Note. Interest rate resets periodically and may not be the rate reported at period end.
IEU	International Equity Unit
IPS	International Preference Stock
PLC	Public Limited Company

Abbreviations indicate amounts shown in currencies other than the U.S. dollar. All amounts are stated in U.S. dollars unless otherwise indicated. A list of abbreviations is shown below:

BRL	Brazilian Real
EUR	Euro
GBP	British Pound

MFS Utilities Series

Portfolio of Investments (unaudited) – continued

Derivative Contracts at 6/30/11

Forward Foreign Currency Exchange Contracts at 6/30/11

Type	Currency	Counterparty	Contracts to Deliver/Receive	Settlement Date Range	In Exchange For	Contracts at Value	Net Unrealized Appreciation (Depreciation)
Asset Derivatives							
BUY	EUR	Citibank N.A.	313,599	7/12/11	\$ 448,807	\$ 454,676	\$ 5,869
BUY	EUR	Credit Suisse Group	6,262,274	7/12/11	8,999,788	9,079,465	79,677
BUY	EUR	Deutsche Bank AG	1,373,821	7/12/11	1,972,120	1,991,858	19,738
BUY	EUR	HSBC Bank	1,250,226	7/12/11	1,780,750	1,812,662	31,912
BUY	EUR	Merrill Lynch International Bank	1,649,464	7/12/11	2,347,358	2,391,503	44,145
BUY	EUR	Morgan Stanley Capital Services, Inc.	91,557	7/12/11	132,360	132,745	385
SELL	EUR	Citibank N.A.	511,037	7/12/11	743,560	740,936	2,624
SELL	EUR	Credit Suisse Group	4,591,972	7/12/11	6,704,243	6,657,750	46,493
SELL	EUR	HSBC Bank	667,002	7/12/11	978,685	967,064	11,621
SELL	GBP	Barclays Bank PLC	30,119,070	7/12/11	49,089,218	48,335,480	753,738
SELL	GBP	Credit Suisse Group	1,127,803	7/12/11	1,845,259	1,809,913	35,346
SELL	GBP	Deutsche Bank AG	30,617,047	7/12/11	49,912,038	49,134,640	777,398
SELL	GBP	HSBC Bank	579,829	7/12/11	941,584	930,517	11,067
SELL	GBP	JPMorgan Chase Bank N.A.	246,767	7/12/11	397,097	396,014	1,083
SELL	GBP	Merrill Lynch International Bank	745,215	7/12/11	1,219,567	1,195,931	23,636
SELL	GBP	UBS AG	422,496	7/12/11	693,437	678,027	15,410
							<u>\$ 1,860,142</u>
Liability Derivatives							
SELL	BRL	Barclays Bank PLC	5,384,000	8/02/11	\$ 3,355,772	\$ 3,427,134	\$ (71,362)
SELL	BRL	Credit Suisse Group	21,984,672	8/02/11-11/04/11	13,639,481	13,857,388	(217,907)
SELL	BRL	Deutsche Bank AG	34,857,000	9/02/11-11/04/11	21,568,575	21,923,439	(354,864)
SELL	BRL	Goldman Sachs International	4,915,000	8/02/11	3,070,915	3,128,596	(57,681)
SELL	BRL	HSBC Bank	30,743,288	8/02/11-11/07/11	18,746,444	19,388,175	(641,731)
SELL	BRL	JPMorgan Chase Bank N.A.	66,849,077	8/02/11-11/04/11	41,250,739	42,371,433	(1,120,694)
SELL	BRL	Morgan Stanley Capital Services, Inc.	15,890,000	8/02/11	9,899,400	10,114,629	(215,229)
SELL	BRL	UBS AG	16,940,000	8/02/11	10,620,932	10,782,996	(162,064)
BUY	EUR	Citibank N.A.	596,249	7/12/11	865,581	864,482	(1,099)
BUY	EUR	Credit Suisse Group	2,873,976	7/12/11	4,200,603	4,166,883	(33,720)
BUY	EUR	Merrill Lynch International Bank	507,561	7/12/11	740,075	735,896	(4,179)
SELL	EUR	Barclays Bank PLC	233,858	7/12/11	331,559	339,063	(7,504)
SELL	EUR	Credit Suisse Group	6,055,102	7/12/11	8,686,855	8,779,094	(92,239)
SELL	EUR	Deutsche Bank AG	12,666,688	7/12/11	18,074,818	18,365,015	(290,197)
SELL	EUR	Goldman Sachs International	389,104	7/12/11	557,746	564,150	(6,404)
SELL	EUR	HSBC Bank	582,753	7/12/11	833,716	844,915	(11,199)
SELL	EUR	Merrill Lynch International Bank	926,131	7/12/11	1,318,582	1,342,767	(24,185)
SELL	EUR	UBS AG	95,227,551	7/12/11-9/15/11	137,155,502	137,819,892	(664,390)
BUY	GBP	Barclays Bank PLC	464,284	7/12/11	746,225	745,089	(1,136)
BUY	GBP	HSBC Bank	1,233,671	7/12/11	2,003,451	1,979,812	(23,639)
SELL	GBP	Barclays Bank PLC	273,473	7/12/11	436,617	438,873	(2,256)
							<u>\$ (4,003,679)</u>

At June 30, 2011, the fund had sufficient cash and/or securities to cover any commitments under these derivative contracts.

See Notes to Financial Statements

FINANCIAL STATEMENTS | STATEMENT OF ASSETS AND LIABILITIES (unaudited)

This statement represents your fund's balance sheet, which details the assets and liabilities comprising the total value of the fund.

At 6/30/11

Assets			
Investments –			
Non-affiliated issuers, at value (identified cost, \$1,824,763,088)		\$2,036,925,287	
Underlying affiliated funds, at cost and value		28,424,317	
Total investments, at value (identified cost, \$1,853,187,405)		\$2,065,349,604	
Cash		1,684,097	
Restricted cash		480,000	
Receivables for			
Forward foreign currency exchange contracts		1,860,142	
Investments sold		9,146,617	
Fund shares sold		654,181	
Interest and dividends		10,099,729	
Other assets		8,016	
Total assets			\$2,089,282,386
Liabilities			
Payables for			
Forward foreign currency exchange contracts		\$4,003,679	
Investments purchased		14,819,099	
Fund shares reacquired		1,256,599	
Payable to affiliates			
Investment adviser		82,980	
Shareholder servicing costs		1,448	
Distribution and/or service fees		20,223	
Payable for independent Trustees' compensation		5,887	
Accrued expenses and other liabilities		269,273	
Total liabilities			\$20,459,188
Net assets			\$2,068,823,198
Net assets consist of			
Paid-in capital		\$1,920,324,990	
Unrealized appreciation (depreciation) on investments and translation of assets and liabilities in foreign currencies		209,988,853	
Accumulated net realized gain (loss) on investments and foreign currency transactions		(164,799,524)	
Undistributed net investment income		103,308,879	
Net assets			\$2,068,823,198
Shares of beneficial interest outstanding			74,686,422
		Net assets	Shares outstanding
Initial Class		\$577,404,677	20,635,389
Service Class		1,491,418,521	54,051,033
			Net asset value per share
			\$27.98
			27.59

See Notes to Financial Statements

MFS Utilities Series

FINANCIAL STATEMENTS | STATEMENT OF OPERATIONS (unaudited)

This statement describes how much your fund earned in investment income and accrued in expenses. It also describes any gains and/or losses generated by fund operations.

Six months ended 6/30/11

Net investment income

Income		
Dividends	\$56,065,364	
Interest	424,881	
Dividends from underlying affiliated funds	20,554	
Foreign taxes withheld	(3,835,710)	
Total investment income		\$52,675,089
Expenses		
Management fee	\$7,120,971	
Distribution and/or service fees	1,759,600	
Shareholder servicing costs	110,535	
Administrative services fee	146,496	
Independent Trustees' compensation	21,508	
Custodian fee	188,223	
Shareholder communications	92,599	
Auditing fees	24,296	
Legal fees	16,002	
Miscellaneous	45,817	
Total expenses		\$9,526,047
Fees paid indirectly	(690)	
Reduction of expenses by investment adviser	(5,567)	
Net expenses		\$9,519,790
Net investment income		\$43,155,299
Realized and unrealized gain (loss) on investments and foreign currency transactions		
Realized gain (loss) (identified cost basis)		
Investment transactions	\$86,238,145	
Foreign currency transactions	(16,473,204)	
Net realized gain (loss) on investments and foreign currency transactions		\$69,764,941
Change in unrealized appreciation (depreciation)		
Investments	\$87,097,415	
Translation of assets and liabilities in foreign currencies	(2,089,193)	
Net unrealized gain (loss) on investments and foreign currency translation		\$85,008,222
Net realized and unrealized gain (loss) on investments and foreign currency		\$154,773,163
Change in net assets from operations		\$197,928,462

See Notes to Financial Statements

FINANCIAL STATEMENTS | STATEMENTS OF CHANGES IN NET ASSETS

These statements describe the increases and/or decreases in net assets resulting from operations, any distributions, and any shareholder transactions.

	Six months ended 6/30/11 (unaudited)	Year ended 12/31/10
Change in net assets		
From operations		
Net investment income	\$43,155,299	\$57,761,335
Net realized gain (loss) on investments and foreign currency transactions	69,764,941	74,636,945
Net unrealized gain (loss) on investments and foreign currency translation	85,008,222	92,299,866
Change in net assets from operations	\$197,928,462	\$224,698,146
Distributions declared to shareholders		
From net investment income	\$—	\$(53,910,218)
Change in net assets from fund share transactions	\$(6,063,304)	\$(68,416,700)
Total change in net assets	\$191,865,158	\$102,371,228
Net assets		
At beginning of period	1,876,958,040	1,774,586,812
At end of period (including undistributed net investment income of \$103,308,879 and \$60,153,580, respectively)	\$2,068,823,198	\$1,876,958,040

See Notes to Financial Statements

MFS Utilities Series

FINANCIAL STATEMENTS | FINANCIAL HIGHLIGHTS

The financial highlights table is intended to help you understand the fund's financial performance for the semiannual period and the past 5 fiscal years. Certain information reflects financial results for a single fund share. The total returns in the table represent the rate by which an investor would have earned (or lost) on an investment in the fund share class (assuming reinvestment of all distributions) held for the entire period.

Initial Class	Six months ended 6/30/11 (unaudited)	Years ended 12/31				
		2010	2009	2008	2007	2006
Net asset value, beginning of period	\$25.27	\$22.92	\$18.21	\$34.48	\$29.27	\$23.74
Income (loss) from investment operations						
Net investment income (d)	\$0.61	\$0.79	\$0.80	\$0.73	\$0.71	\$0.59
Net realized and unrealized gain (loss) on investments and foreign currency	2.10	2.29	4.90	(11.97)	7.10	6.47
Total from investment operations	\$2.71	\$3.08	\$5.70	\$(11.24)	\$7.81	\$7.06
Less distributions declared to shareholders						
From net investment income	\$—	\$(0.73)	\$(0.99)	\$(0.44)	\$(0.32)	\$(0.53)
From net realized gain on investments	—	—	—	(4.59)	(2.28)	(1.00)
Total distributions declared to shareholders	\$—	\$(0.73)	\$(0.99)	\$(5.03)	\$(2.60)	\$(1.53)
Net asset value, end of period	\$27.98	\$25.27	\$22.92	\$18.21	\$34.48	\$29.27
Total return (%) (k)(r)(s)	10.72(n)	13.81	33.44	(37.77)	27.90	31.26
Ratios (%) (to average net assets) and Supplemental data:						
Expenses before expense reductions (f)	0.79(a)	0.81	0.83	0.84	0.85	0.87
Expenses after expense reductions (f)	0.79(a)	0.81	0.83	0.81	0.82	0.86
Net investment income	4.56(a)(l)	3.47	4.11	2.76	2.22	2.32
Portfolio turnover	26	56	70	68	84	94
Net assets at end of period (000 omitted)	\$577,405	\$541,653	\$564,822	\$495,297	\$969,404	\$710,341

See Notes to Financial Statements

Financial Highlights – continued

Service Class	Six months ended 6/30/11 (unaudited)	Years ended 12/31				
		2010	2009	2008	2007	2006
Net asset value, beginning of period	\$24.95	\$22.65	\$17.98	\$34.11	\$29.01	\$23.56
Income (loss) from investment operations						
Net investment income (d)	\$0.57	\$0.73	\$0.73	\$0.66	\$0.62	\$0.53
Net realized and unrealized gain (loss) on investments and foreign currency	2.07	2.25	4.86	(11.82)	7.03	6.42
Total from investment operations	\$2.64	\$2.98	\$5.59	\$(11.16)	\$7.65	\$6.95
Less distributions declared to shareholders						
From net investment income	\$—	\$(0.68)	\$(0.92)	\$(0.38)	\$(0.27)	\$(0.50)
From net realized gain on investments	—	—	—	(4.59)	(2.28)	(1.00)
Total distributions declared to shareholders	\$—	\$(0.68)	\$(0.92)	\$(4.97)	\$(2.55)	\$(1.50)
Net asset value, end of period	\$27.59	\$24.95	\$22.65	\$17.98	\$34.11	\$29.01
Total return (%) (k)(r)(s)	10.58(n)	13.51	33.09	(37.91)	27.56	30.96
Ratios (%) (to average net assets) and Supplemental data:						
Expenses before expense reductions (f)	1.04(a)	1.06	1.08	1.09	1.10	1.12
Expenses after expense reductions (f)	1.04(a)	1.06	1.07	1.06	1.07	1.11
Net investment income	4.33(a)(l)	3.23	3.83	2.54	1.96	2.11
Portfolio turnover	26	56	70	68	84	94
Net assets at end of period (000 omitted)	\$1,491,419	\$1,335,305	\$1,209,765	\$992,502	\$1,715,446	\$993,085

(a) Annualized.

(d) Per share data is based on average shares outstanding.

(f) Ratios do not reflect reductions from fees paid indirectly, if applicable.

(k) The total return does not reflect expenses that apply to separate accounts. Inclusion of these charges would reduce the total return figures for all periods shown.

(l) Recognition of net investment income by the fund may be affected by the timing of the declaration of dividends by companies in which the fund invests and the actual annual net investment income ratio may differ.

(n) Not annualized.

(r) Certain expenses have been reduced without which performance would have been lower.

(s) From time to time the fund may receive proceeds from litigation settlements, without which performance would be lower.

See Notes to Financial Statements

MFS Utilities Series

NOTES TO FINANCIAL STATEMENTS (unaudited)

(1) Business and Organization

MFS Utilities Series (the fund) is a series of MFS Variable Insurance Trust (the trust). The trust is organized as a Massachusetts business trust and is registered under the Investment Company Act of 1940, as amended, as an open-end management investment company. The shareholders of each series of the trust are separate accounts of insurance companies, which offer variable annuity and/or life insurance products, and qualified retirement and pension plans.

(2) Significant Accounting Policies

General – The preparation of financial statements in conformity with U.S. generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates. In the preparation of these financial statements, management has evaluated subsequent events occurring after the date of the fund's Statement of Assets and Liabilities through the date that the financial statements were issued. The fund invests primarily in securities of issuers in the utility industry. Issuers in a single industry can react similarly to market, economic, political and regulatory conditions and developments. The fund invests in foreign securities, including securities of emerging market issuers. Investments in foreign securities are vulnerable to the effects of changes in the relative values of the local currency and the U.S. dollar and to the effects of changes in each country's legal, political, and economic environment. The markets of emerging markets countries are generally more volatile than the markets of developed countries with more mature economies. All of the risks of investing in foreign securities previously described are heightened when investing in emerging markets countries.

Investment Valuations – Equity securities, including restricted equity securities, are generally valued at the last sale or official closing price as provided by a third-party pricing service on the market or exchange on which they are primarily traded. Equity securities, for which there were no sales reported that day, are generally valued at the last quoted daily bid quotation as provided by a third-party pricing service on the market or exchange on which such securities are primarily traded. Equity securities held short, for which there were no sales reported for that day, are generally valued at the last quoted daily ask quotation as provided by a third-party pricing service on the market or exchange on which such securities are primarily traded. Debt instruments and floating rate loans (other than short-term instruments), including restricted debt instruments, are generally valued at an evaluated or composite bid as provided by a third-party pricing service. Short-term instruments with a maturity at issuance of 60 days or less generally are valued at amortized cost, which approximates market value. Forward foreign currency exchange contracts are generally valued at the mean of bid and asked prices for the time period interpolated from rates provided by a third-party pricing service for proximate time periods. Open-end investment companies are generally valued at net asset value per share. Securities and other assets generally valued on the basis of information from a third-party pricing service may also be valued at a broker/dealer bid quotation. Values obtained from third-party pricing services can utilize both transaction data and market information such as yield, quality, coupon rate, maturity, type of issue, trading characteristics, and other market data. The values of foreign securities and other assets and liabilities expressed in foreign currencies are converted to U.S. dollars using the mean of bid and asked prices for rates provided by a third-party pricing service.

The Board of Trustees has delegated primary responsibility for determining or causing to be determined the value of the fund's investments (including any fair valuation) to the adviser pursuant to valuation policies and procedures approved by the Board. If the adviser determines that reliable market quotations are not readily available, investments are valued at fair value as determined in good faith by the adviser in accordance with such procedures under the oversight of the Board of Trustees. Under the fund's valuation policies and procedures, market quotations are not considered to be readily available for most types of debt instruments and floating rate loans and many types of derivatives. These investments are generally valued at fair value based on information from third-party pricing services. In addition, investments may be valued at fair value if the adviser determines that an investment's value has been materially affected by events occurring after the close of the exchange or market on which the investment is principally traded (such as foreign exchange or market) and prior to the determination of the fund's net asset value, or after the halting of trading of a specific security where trading does not resume prior to the close of the exchange or market on which the security is principally traded. Events that occur on a frequent basis after foreign markets close (such as developments in foreign markets and significant movements in the U.S. markets) and prior to the determination of the fund's net asset value may be deemed to have a material effect on the value of securities traded in foreign markets. Accordingly, the fund's foreign equity securities may often be valued at fair value. The adviser generally relies on third-party pricing services or other information (such as the correlation with price movements of similar securities in the same or other markets; the type, cost and investment characteristics of the security; the business and financial condition of the issuer; and trading and other market data) to assist in determining whether to fair value and at what value to fair value an investment. The value of an investment for purposes of calculating the fund's net asset value can differ depending on the

Notes to Financial Statements (unaudited) – continued

source and method used to determine value. When fair valuation is used, the value of an investment used to determine the fund's net asset value may differ from quoted or published prices for the same investment. There can be no assurance that the fund could obtain the fair value assigned to an investment if it were to sell the investment at the same time at which the fund determines its net asset value per share.

Various inputs are used in determining the value of the fund's assets or liabilities. These inputs are categorized into three broad levels. In certain cases, the inputs used to measure fair value may fall into different levels of the fair value hierarchy. In such cases, an investment's level within the fair value hierarchy is based on the lowest level of input that is significant to the fair value measurement. The fund's assessment of the significance of a particular input to the fair value measurement in its entirety requires judgment, and considers factors specific to the investment. Level 1 includes unadjusted quoted prices in active markets for identical assets or liabilities. Level 2 includes other significant observable market-based inputs (including quoted prices for similar securities, interest rates, prepayment speed, and credit risk). Level 3 includes unobservable inputs, which may include the adviser's own assumptions in determining the fair value of investments. Other financial instruments are derivative instruments not reflected in total investments, such as forward foreign currency exchange contracts. The following is a summary of the levels used as of June 30, 2011 in valuing the fund's assets or liabilities:

Investments at Value	Level 1	Level 2	Level 3	Total
Equity Securities:				
United States	\$1,237,266,617	\$—	\$—	\$1,237,266,617
Brazil	185,120,467	—	—	185,120,467
United Kingdom	100,721,093	—	—	100,721,093
Portugal	63,239,703	—	—	63,239,703
Spain	61,052,952	—	—	61,052,952
Israel	41,706,472	15,097,099	—	56,803,571
Czech Republic	43,457,589	—	—	43,457,589
Chile	42,206,040	—	—	42,206,040
Russia	30,882,896	—	—	30,882,896
Other Countries	189,579,286	—	—	189,579,286
Corporate Bonds	—	26,580,347	—	26,580,347
Commercial Mortgage-Backed Securities	—	14,726	—	14,726
Mutual Funds	28,424,317	—	—	28,424,317
Total Investments	\$2,023,657,432	\$41,692,172	\$—	\$2,065,349,604
Other Financial Instruments				
Forward Currency Contracts	\$—	\$(2,143,537)	\$—	\$(2,143,537)

For further information regarding security characteristics, see the Portfolio of Investments.

Foreign Currency Translation – Purchases and sales of foreign investments, income, and expenses are converted into U.S. dollars based upon currency exchange rates prevailing on the respective dates of such transactions or on the reporting date for foreign denominated receivables and payables. Gains and losses attributable to foreign currency exchange rates on sales of securities are recorded for financial statement purposes as net realized gains and losses on investments. Gains and losses attributable to foreign exchange rate movements on receivables, payables, income and expenses are recorded for financial statement purposes as foreign currency transaction gains and losses. That portion of both realized and unrealized gains and losses on investments that results from fluctuations in foreign currency exchange rates is not separately disclosed.

Derivatives – The fund uses derivatives for different purposes, including to earn income and enhance returns, to increase or decrease exposure to a particular market, to manage or adjust the risk profile of the fund, or as alternatives to direct investments. Derivatives are used for hedging or non-hedging purposes. While hedging can reduce or eliminate losses, it can also reduce or eliminate gains. When the fund uses derivatives as an investment to increase market exposure, or for hedging purposes, gains and losses from derivative instruments may be substantially greater than the derivative's original cost.

The derivative instruments used by the fund were forward foreign currency exchange contracts. The fund's period end derivatives, as presented in the Portfolio of Investments and the associated Derivative Contract Tables, generally are indicative of the volume of its derivative activity during the period.

The following table presents, by major type of derivative contract, the fair value, on a gross basis, of the asset and liability components of derivatives held by the fund at June 30, 2011 as reported in the Statement of Assets and Liabilities:

Risk	Derivative Contracts	Fair Value	
		Asset Derivatives	Liability Derivatives
Foreign Exchange	Forward Foreign Currency Exchange	\$1,860,142	\$(4,003,679)

MFS Utilities Series

Notes to Financial Statements (unaudited) – continued

The following table presents, by major type of derivative contract, the realized gain (loss) on derivatives held by the fund for the six months ended June 30, 2011 as reported in the Statement of Operations:

<u>Risk</u>	<u>Foreign Currency Transactions</u>
Foreign Exchange	\$(15,538,673)

The following table presents, by major type of derivative contract, the change in unrealized appreciation (depreciation) on derivatives held by the fund for the six months ended June 30, 2011 as reported in the Statement of Operations:

<u>Risk</u>	<u>Translation of Assets and Liabilities in Foreign Currencies</u>
Foreign Exchange	\$(2,048,795)

Derivative counterparty credit risk is managed through formal evaluation of the creditworthiness of all potential counterparties. On certain over-the-counter derivatives, the fund attempts to reduce its exposure to counterparty credit risk whenever possible by entering into an International Swaps and Derivatives Association (ISDA) Master Agreement on a bilateral basis with each of the counterparties with whom it undertakes a significant volume of transactions. The ISDA Master Agreement gives each party to the agreement the right to terminate all transactions traded under such agreement if there is a certain deterioration in the credit quality of the other party. The ISDA Master Agreement gives the fund the right, upon an event of default by the applicable counterparty or a termination of the agreement, to close out all transactions traded under such agreement and to net amounts owed under each transaction to one net amount payable by one party to the other. This right to close out and net payments across all transactions traded under the ISDA Master Agreement could result in a reduction of the fund's credit risk to such counterparty equal to any amounts payable by the fund under the applicable transactions, if any. However, absent an event of default by the counterparty or a termination of the agreement, the ISDA Master Agreement does not result in an offset of reported amounts of assets and liabilities in the Statement of Assets and Liabilities across transactions between the fund and the applicable counterparty.

Collateral requirements differ by type of derivative. Collateral or margin requirements are set by the broker or exchange clearing house for exchange traded derivatives (i.e., futures and exchange-traded options) while collateral terms are contract specific for over-the-counter traded derivatives (i.e., forward foreign currency exchange contracts, swaps and over-the-counter options). For derivatives traded under an ISDA Master Agreement, the collateral requirements are netted across all transactions traded under such agreement and one amount is posted from one party to the other to collateralize such obligations. Cash collateral that has been pledged to cover obligations of the fund under derivative contracts, if any, will be reported separately on the Statement of Assets and Liabilities as restricted cash. Securities collateral pledged for the same purpose, if any, is noted in the Portfolio of Investments.

Forward Foreign Currency Exchange Contracts – The fund entered into forward foreign currency exchange contracts for the purchase or sale of a specific foreign currency at a fixed price on a future date. These contracts may be used to hedge the fund's currency risk or for non-hedging purposes. For hedging purposes, the fund may enter into contracts to deliver or receive foreign currency that the fund will receive from or use in its normal investment activities. The fund may also use contracts to hedge against declines in the value of foreign currency denominated securities due to unfavorable exchange rate movements. For non-hedging purposes, the fund may enter into contracts with the intent of changing the relative exposure of the fund's portfolio of securities to different currencies to take advantage of anticipated exchange rate changes.

Forward foreign currency exchange contracts are adjusted by the daily exchange rate of the underlying currency and any unrealized gains or losses are recorded as a receivable or payable for forward foreign currency exchange contracts until the contract settlement date. On contract settlement date, any gain or loss on the contract is recorded as realized gains or losses on foreign currency transactions.

Risks may arise upon entering into these contracts from unanticipated movements in the value of the contract and from the potential inability of counterparties to meet the terms of their contracts. Generally, the fund's maximum risk due to counterparty credit risk is the unrealized gain on the contract due to the use of Continuous Linked Settlement, an industry accepted settlement system. This risk is mitigated in cases where there is an ISDA Master Agreement between the fund and the counterparty providing for netting as described above and for posting of collateral by the counterparty to the fund to cover the fund's exposure to the counterparty under such ISDA Master Agreement.

Security Loans – State Street Bank and Trust Company ("State Street"), as lending agent, loans the securities of the fund to certain qualified institutions (the "Borrowers") approved by the fund. The loans are collateralized by cash and/or U.S. Treasury

Notes to Financial Statements (unaudited) – continued

and federal agency obligations in an amount typically at least equal to the market value of the securities loaned. The market value of the loaned securities is determined at the close of business of the fund and any additional required collateral is delivered to the fund on the next business day. State Street provides the fund with indemnification against Borrower default. The fund bears the risk of loss with respect to the investment of cash collateral. On loans collateralized by cash, the cash collateral is invested in a money market fund or short-term securities. A portion of the income generated upon investment of the collateral is remitted to the Borrowers, and the remainder is allocated between the fund and the lending agent. On loans collateralized by U.S. Treasury and/or federal agency obligations, a fee is received from the Borrower, and is allocated between the fund and the lending agent. Income from securities lending is included in interest income on the Statement of Operations. The dividend and interest income earned on the securities loaned is accounted for in the same manner as other dividend and interest income.

Indemnifications – Under the fund’s organizational documents, its officers and Trustees may be indemnified against certain liabilities and expenses arising out of the performance of their duties to the fund. Additionally, in the normal course of business, the fund enters into agreements with service providers that may contain indemnification clauses. The fund’s maximum exposure under these agreements is unknown as this would involve future claims that may be made against the fund that have not yet occurred.

Investment Transactions and Income – Investment transactions are recorded on the trade date. Interest income is recorded on the accrual basis. All premium and discount is amortized or accreted for financial statement purposes in accordance with U.S. generally accepted accounting principles. Dividends received in cash are recorded on the ex-dividend date. Certain dividends from foreign securities will be recorded when the fund is informed of the dividend if such information is obtained subsequent to the ex-dividend date. Dividend and interest payments received in additional securities are recorded on the ex-dividend or ex-interest date in an amount equal to the value of the security on such date.

The fund may receive proceeds from litigation settlements. Any proceeds received from litigation involving portfolio holdings are reflected in the Statement of Operations in realized gain/loss if the security has been disposed of by the fund or in unrealized gain/loss if the security is still held by the fund. Any other proceeds from litigation not related to portfolio holdings are reflected as other income in the Statement of Operations.

Fees Paid Indirectly – The fund’s custody fee may be reduced according to an arrangement that measures the value of cash deposited with the custodian by the fund. This amount, for the six months ended June 30, 2011, is shown as a reduction of total expenses on the Statement of Operations.

Tax Matters and Distributions – The fund intends to qualify as a regulated investment company, as defined under Subchapter M of the Internal Revenue Code, and to distribute all of its taxable income, including realized capital gains. As a result, no provision for federal income tax is required. The fund’s federal tax returns for the prior three fiscal years remain subject to examination by the Internal Revenue Service. Foreign taxes, if any, have been accrued by the fund in the accompanying financial statements.

Distributions to shareholders are recorded on the ex-dividend date. Income and capital gain distributions are determined in accordance with income tax regulations, which may differ from U.S. generally accepted accounting principles. Certain capital accounts in the financial statements are periodically adjusted for permanent differences in order to reflect their tax character. These adjustments have no impact on net assets or net asset value per share. Temporary differences which arise from recognizing certain items of income, expense, gain or loss in different periods for financial statement and tax purposes will reverse at some time in the future. Distributions in excess of net investment income or net realized gains are temporary overdistributions for financial statement purposes resulting from differences in the recognition or classification of income or distributions for financial statement and tax purposes.

Book/tax differences primarily relate to wash sale loss deferrals.

The tax character of distributions declared to shareholders for the last fiscal year is as follows:

Ordinary income (including any short-term capital gains)	12/31/10 \$53,910,218
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MFS Utilities Series

Notes to Financial Statements (unaudited) – continued

The federal tax cost and the tax basis components of distributable earnings were as follows:

As of 6/30/11	
Cost of investments	\$1,872,712,881
Gross appreciation	282,347,763
Gross depreciation	(89,711,040)
Net unrealized appreciation (depreciation)	\$192,636,723
As of 12/31/10	
Undistributed ordinary income	60,058,838
Capital loss carryforwards	(215,150,574)
Other temporary differences	10,589
Net unrealized appreciation (depreciation)	105,650,893

The aggregate cost above includes prior fiscal year end tax adjustments, if applicable.

As of December 31, 2010, the fund had capital loss carryforwards available to offset future realized gains. Such losses expire as follows:

12/31/16	\$(95,096,618)
12/31/17	(120,053,956)
Total	\$(215,150,574)

Multiple Classes of Shares of Beneficial Interest – The fund offers multiple classes of shares, which differ in their respective distribution and/or service fees. The fund’s income, realized and unrealized gain (loss), and common expenses are allocated to shareholders based on the daily net assets of each class. Dividends are declared separately for each class. Differences in per share dividend rates are generally due to differences in separate class expenses. The fund’s distributions declared to shareholders as reported on the Statements of Changes in Net Assets are presented by class as follows:

	From net investment income	
	Six months ended 6/30/11	Year ended 12/31/10
Initial Class	\$—	\$17,038,959
Service Class	—	36,871,259
Total	\$—	\$53,910,218

(3) Transactions with Affiliates

Investment Adviser – The fund has an investment advisory agreement with MFS to provide overall investment management and related administrative services and facilities to the fund. The management fee is computed daily and paid monthly at the following annual rates:

First \$1 billion of average daily net assets	0.75%
Average daily net assets in excess of \$1 billion	0.70%

The management fee incurred for the six months ended June 30, 2011 was equivalent to an annual effective rate of 0.72% of the fund’s average daily net assets.

Distributor – MFS Fund Distributors, Inc. (MFD), a wholly-owned subsidiary of MFS, is the distributor of shares of the fund. The Trustees have adopted a distribution plan for the Service Class shares pursuant to Rule 12b-1 under the Investment Company Act of 1940.

The fund’s distribution plan provides that the fund will pay MFD distribution and/or service fees equal to 0.25% per annum of its average daily net assets attributable to Service Class shares as partial consideration for services performed and expenses incurred by MFD and financial intermediaries (including participating insurance companies that invest in the fund to fund variable annuity and variable life insurance contracts, sponsors of qualified retirement and pension plans that invest in the fund, and affiliates of these participating insurance companies and plan sponsors) in connection with the sale and distribution of the Service Class shares. MFD may subsequently pay all, or a portion, of the distribution and/or service fees to financial intermediaries.

Shareholder Servicing Agent – MFS Service Center, Inc. (MFSC), a wholly-owned subsidiary of MFS, receives a fee from the fund for its services as shareholder servicing agent. For the six months ended June 30, 2011, the fee was \$109,627, which equated to 0.0112% annually of the fund’s average daily net assets. MFSC also receives payment from the fund for out-of-pocket expenses paid by MFSC on behalf of the fund. For the six months ended June 30, 2011, these costs amounted to \$908.

Notes to Financial Statements (unaudited) – continued

Administrator – MFS provides certain financial, legal, shareholder communications, compliance, and other administrative services to the fund. Under an administrative services agreement, the fund partially reimburses MFS the costs incurred to provide these services. The fund is charged an annual fixed amount of \$17,500 plus a fee based on average daily net assets. The administrative services fee incurred for the six months ended June 30, 2011 was equivalent to an annual effective rate of 0.0149% of the fund's average daily net assets.

Trustees' and Officers' Compensation – The fund pays compensation to independent Trustees in the form of a retainer, attendance fees, and additional compensation to Board and Committee chairpersons. The fund does not pay compensation directly to Trustees or officers of the fund who are also officers of the investment adviser, all of whom receive remuneration for their services to the fund from MFS. Certain officers and Trustees of the fund are officers or directors of MFS, MFD, and MFSC.

Other – This fund and certain other funds managed by MFS (the funds) have entered into services agreements (the Agreements) which provide for payment of fees by the funds to Tarantino LLC and Griffin Compliance LLC in return for the provision of services of an Independent Chief Compliance Officer (ICCO) and Assistant ICCO, respectively, for the funds. The ICCO and Assistant ICCO are officers of the funds and the sole members of Tarantino LLC and Griffin Compliance LLC, respectively. The funds can terminate the Agreements with Tarantino LLC and Griffin Compliance LLC at any time under the terms of the Agreements. For the six months ended June 30, 2011, the aggregate fees paid by the fund to Tarantino LLC and Griffin Compliance LLC were \$6,873 and are included in miscellaneous expense on the Statement of Operations. MFS has agreed to reimburse the fund for a portion of the payments made by the fund in the amount of \$5,567, which is shown as a reduction of total expenses in the Statement of Operations. Additionally, MFS has agreed to bear all expenses associated with office space, other administrative support, and supplies provided to the ICCO and Assistant ICCO.

The fund invests in the MFS Institutional Money Market Portfolio which is managed by MFS and seeks a high level of current income consistent with preservation of capital and liquidity. Income earned on this investment is included in dividends from underlying affiliated funds on the Statement of Operations. This money market fund does not pay a management fee to MFS.

(4) Portfolio Securities

Purchases and sales of investments, other than U.S. Government securities, purchased option transactions, and short-term obligations, aggregated \$548,912,564 and \$516,874,540, respectively.

(5) Shares of Beneficial Interest

The fund's Declaration of Trust permits the Trustees to issue an unlimited number of full and fractional shares of beneficial interest. Transactions in fund shares were as follows:

	Six months ended 6/30/11		Year ended 12/31/10	
	Shares	Amount	Shares	Amount
Shares sold				
Initial Class	1,005,658	\$27,257,796	1,843,606	\$42,047,040
Service Class	3,200,281	85,108,413	5,744,719	129,754,840
	4,205,939	\$112,366,209	7,588,325	\$171,801,880
Shares issued to shareholders in reinvestment of distributions				
Initial Class	—	\$—	752,272	\$17,038,959
Service Class	—	—	1,646,038	36,871,259
	—	\$—	2,398,310	\$53,910,218
Shares reacquired				
Initial Class	(1,803,940)	\$(48,147,965)	(5,803,553)	\$(131,670,247)
Service Class	(2,665,991)	(70,281,548)	(7,287,517)	(162,458,551)
	(4,469,931)	\$(118,429,513)	(13,091,070)	\$(294,128,798)
Net change				
Initial Class	(798,282)	\$(20,890,169)	(3,207,675)	\$(72,584,248)
Service Class	534,290	14,826,865	103,240	4,167,548
	(263,992)	\$(6,063,304)	(3,104,435)	\$(68,416,700)

(6) Line of Credit

The fund and certain other funds managed by MFS participate in a \$1.1 billion unsecured committed line of credit, subject to a \$1 billion sublimit, provided by a syndication of banks under a credit agreement. Borrowings may be made for temporary financing needs. Interest is charged to each fund, based on its borrowings, generally at a rate equal to the higher of the Federal Reserve funds rate or one month LIBOR plus an agreed upon spread. A commitment fee, based on the average daily, unused

MFS Utilities Series

Notes to Financial Statements (unaudited) – continued

portion of the committed line of credit, is allocated among the participating funds at the end of each calendar quarter. In addition, the fund and other funds managed by MFS have established unsecured uncommitted borrowing arrangements with certain banks for temporary financing needs. Interest is charged to each fund, based on its borrowings, at a rate equal to the Federal Reserve funds rate plus an agreed upon spread. For the six months ended June 30, 2011, the fund's commitment fee and interest expense were \$8,982 and \$0, respectively, and are included in miscellaneous expense on the Statement of Operations.

(7) Transactions in Underlying Affiliated Funds – Affiliated Issuers

An affiliated issuer may be considered one in which the fund owns 5% or more of the outstanding voting securities, or a company which is under common control. For the purposes of this report, the fund assumes the following to be affiliated issuers:

Underlying Affiliated Funds	Beginning Shares/Par Amount	Acquisitions Shares/Par Amount	Dispositions Shares/Par Amount	Ending Shares/Par Amount
MFS Institutional Money Market Portfolio	28,020,520	247,164,854	(246,761,057)	28,424,317

Underlying Affiliated Funds	Realized Gain (Loss)	Capital Gain Distributions	Dividend Income	Ending Value
MFS Institutional Money Market Portfolio	\$—	\$—	\$20,554	\$28,424,317

BOARD REVIEW OF INVESTMENT ADVISORY AGREEMENT

A discussion regarding the Board's most recent review and renewal of the fund's Investment Advisory Agreement with MFS will be available on or about November 1, 2011 by clicking on the fund's name under "Variable Insurance Portfolios — VIT" in the "Products and Performance" section of the MFS Web site (*mfs.com*).

PROXY VOTING POLICIES AND INFORMATION

A general description of the MFS funds' proxy voting policies and procedures is available without charge, upon request, by calling 1-800-225-2606, by visiting the Proxy Voting section of *mfs.com* or by visiting the SEC's Web site at <http://www.sec.gov>. Information regarding how the fund voted proxies relating to portfolio securities during the most recent twelve-month period ended June 30 is available without charge by visiting the Proxy Voting section of *mfs.com* or by visiting the SEC's Web site at <http://www.sec.gov>.

QUARTERLY PORTFOLIO DISCLOSURE

The fund will file a complete schedule of portfolio holdings with the Securities and Exchange Commission (the Commission) for the first and third quarters of each fiscal year on Form N-Q. The fund's Form N-Q may be reviewed and copied at the:

Public Reference Room
Securities and Exchange Commission
100 F Street, NE, Room 1580
Washington, D.C. 20549

Information on the operation of the Public Reference Room may be obtained by calling the Commission at 1-800-SEC-0330. The fund's Form N-Q is available on the EDGAR database on the Commission's Internet Web site at <http://www.sec.gov>, and copies of this information may be obtained, upon payment of a duplicating fee, by electronic request at the following e-mail address: publicinfo@sec.gov or by writing the Public Reference Section at the above address.

FURTHER INFORMATION

From time to time, MFS may post important information about the fund or the MFS funds on the MFS web site (*mfs.com*). This information is available by visiting the "News & Commentary" section of *mfs.com* or by clicking on the fund's name under "Variable Insurance Portfolios — VIT" in the "Products and Performance" section of *mfs.com*.

FACTS

WHAT DOES MFS DO WITH YOUR PERSONAL INFORMATION?



Why?

Financial companies choose how they share your personal information. Federal law gives consumers the right to limit some but not all sharing. Federal law also requires us to tell you how we collect, share, and protect your personal information. Please read this notice carefully to understand what we do.

What?

The types of personal information we collect and share depend on the product or service you have with us. This information can include:

- Social Security number and account balances
- Account transactions and transaction history
- Checking account information and wire transfer instructions

When you are *no longer* our customer, we continue to share your information as described in this notice.

How?

All financial companies need to share customers' personal information to run their everyday business. In the section below, we list the reasons financial companies can share their customers' personal information; the reasons MFS chooses to share; and whether you can limit this sharing.

Reasons we can share your personal information	Does MFS share?	Can you limit this sharing?
For our everyday business purposes – such as to process your transactions, maintain your account(s), respond to court orders and legal investigations, or report to credit bureaus	Yes	No
For our marketing purposes – to offer our products and services to you	No	We don't share
For joint marketing with other financial companies	No	We don't share
For our affiliates' everyday business purposes – information about your transactions and experiences	No	We don't share
For our affiliates' everyday business purposes – information about your creditworthiness	No	We don't share
For nonaffiliates to market to you	No	We don't share

Questions?

Call **800-225-2606** or go to **mfs.com**.

Who we are

Who is providing this notice?

MFS Funds, MFS Investment Management, MFS Institutional Advisors, Inc., MFS Fund Distributors, Inc., MFS Heritage Trust Company, and MFS Service Center, Inc.

What we do

How does MFS protect my personal information?

To protect your personal information from unauthorized access and use, we use security measures that comply with federal law. These measures include procedural, electronic, and physical safeguards for the protection of the personal information we collect about you.

How does MFS collect my personal information?

We collect your personal information, for example, when you

- open an account or provide account information
- direct us to buy securities or direct us to sell your securities
- make a wire transfer

We also collect your personal information from others, such as credit bureaus, affiliates and other companies.

Why can't I limit all sharing?

Federal law gives you the right to limit only

- sharing for affiliates' everyday business purposes – information about your creditworthiness
- affiliates from using your information to market to you
- sharing for nonaffiliates to market to you

State laws and individual companies may give you additional rights to limit sharing.

Definitions

Affiliates

Companies related by common ownership or control. They can be financial and nonfinancial companies.

- *MFS does not share personal information with affiliates, except for everyday business purposes as described on page one of this notice.*

Nonaffiliates

Companies not related by common ownership or control. They can be financial and nonfinancial companies.

- *MFS does not share with nonaffiliates so they can market to you.*

Joint Marketing

A formal agreement between nonaffiliated financial companies that together market financial products or services to you.

- *MFS doesn't jointly market.*

Other important information

If you own an MFS product or receive an MFS service in the name of a third party such as a bank or broker-dealer, their privacy policy may apply to you instead of ours.

