

## More and More Golden Years

There is good news for anyone preparing for retirement: Americans are living longer, more active lives than ever before. Today, a 65-year-old can expect to reach age 83, whereas someone who turned age 65 in 1950 could expect to live only to age 76.<sup>12</sup> The following chart shows how life expectancies have increased in recent years.

Expanding Life Expectancies:

- 1950 75.9 years
- 1970 80.2 years
- 1990 82.2 years
- 2005 83.7 years

A longer life span means you're likely to need substantial savings in order to maintain your lifestyle once you stop working. The WDC is a great supplemental savings plan that can help you reach your retirement goals. Boost your contributions as your income increases, and review your savings goals and progress at least once a year to make sure you're on target to reach your retirement savings goals.

12 Health, United States, 2007. National Center for Health Statistics. Please note: This newsletter does not constitute investment or financial advice.

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